REFER A FRIEND & RECEIVE ONE MONTH'S **MEMBERSHIP FREE PLUS** ENTRY INTO OUR PRIZE DRAW TO WIN ONE YEAR'S FREE MEMBERSHIP

MEMBERSHIP FROM

£18 PER MONTH

Free Wellness Key - No Contract!

Simply complete the details below and present to reception

| Your Details | Name: |
|----------------------|----------------|
| | Membership No: |
| Your Friends Details | |
| Mr/Mrs/Miss/M | Is Name: |
| Surname: | |
| Address: | |
| Postcode: | Email: |

For a member to be eligible to receive a month's free membership and entry into the years free prize draw, a friend must commit to at least 2 months membership. Terms and Conditions Apply."





